

Private Sauna Rules and Regulations

NEST SAUNA

The following usage rules (hereinafter referred to as "these Rules") have been established for use at NEST SAUNA (hereinafter referred to as "this facility"). Please be sure to read and agree to these Rules before using the facility.

1. For safe use

1. Children under the age of 12 are not permitted to use the facility. Anyone aged 12 to 18 must be accompanied by a parent or guardian.
2. Those under the age of 16 are only permitted to use the facility until 7:00 PM.
3. Those with the following health conditions or symptoms are not permitted to use the facility.
 - o People who are prohibited from bathing:
 - o People with acute illnesses, active tuberculosis, malignant tumors, severe heart or respiratory diseases, meningitis or central nervous system diseases, severe skin diseases, infections, kidney failure, bleeding disorders, or severe anemia.
 - o People who have just undergone surgery, are extremely fatigued, or have an injury resulting in bleeding.
 - o Pregnant women, women who may be pregnant, or women who are menstruating.
4. Those who have consumed alcohol are not permitted to use the baths.
5. Those taking medication that causes drowsiness are not permitted to use the baths.
6. Please remove any jewelry (jewelry, watches, etc.) to avoid burns.
7. Bathing hours are 3:00 PM to midnight.
8. If you notice any damage or stains, please contact the facility's emergency contact immediately.
9. If you become unwell during your bathing experience, please discontinue use immediately and notify a member of staff.

2. Prohibited Activities

The following activities are prohibited at this facility. If a customer violates or is likely to violate any of these prohibited activities, we may suspend their use of the sauna, expel them from the facility, or take other measures.

1. Smoking (including e-cigarettes) and drinking alcohol
2. Loud conversations, loud music, video playback, and other nuisance behavior
3. Behavior that goes against the original purpose of the sauna, such as defecation, hair dyeing, scrubbing, and laundry
4. Bringing valuables, precious metals, or electronic devices into the sauna
5. Bringing food, drink, or flammable materials (newspapers, magazines, etc.) into the sauna

6. Eating and drinking in the sauna (please hydrate in the rest area)
7. Pouring large amounts of water on the sauna stove, or pouring or throwing anything other than water into it
8. Touching the sauna stove (risk of burns. Do not touch it under any circumstances)
9. Exceeding capacity
10. Damaging, graffiti, alterations, or unauthorized removal of equipment and fixtures
11. Violence, threats, extortion, intimidating demands, etc.
12. Taking photos or videos of other users or staff, and posting them on social media
13. Commercial use of photos or videos taken at this facility.
14. Sitting in the sauna room without using a mat.
15. Pouring water on chairs, floors, etc. outside of the shower room.

3. Staff Entry

If the usage time is exceeded, in an emergency, if a safety check is deemed necessary, or if a natural disaster occurs, staff may enter the room with a master key.

4. Suspension of Use and Reservation Cancellation

Facilities (sauna stove, cold bath, shower, etc.) may be unavailable to guests due to malfunction or other issues. In such cases, we will suspend use or cancel your reservation. Any fees already paid will be refunded in accordance with the facility's designated procedures. We are not responsible for any other responsibilities beyond refunding the fee.

5. Disclaimer

1. The facility assumes no responsibility for any illness or accidents that occur during or after use.
2. Guests are responsible for managing their own cash and valuables. The facility assumes no responsibility for malfunctions, damage, loss, or theft.
3. We are not responsible for the malfunction, damage, loss, or theft of electronic devices (smartphones, tablets, etc.).
4. If the sauna stove malfunctions due to excessive water pouring, you will be responsible for repair costs and business compensation fees.
5. You will also be responsible for repair costs and business compensation fees for damage caused by violating prohibited activities or usage instructions.
6. Please use the facility at your own risk, taking care of your own health and physical condition.
7. We cannot compensate for damages or provide alternative items in the event that the facility is unavailable due to natural disasters, power outages, equipment failure, or other force majeure or unavoidable circumstances.
8. We are not responsible for damage, soiling, loss, or theft of items brought by guests.

9. If you are asked to leave the facility due to a violation of rules or safety reasons, no refunds will be given.

6. How to Use

1. Wash your hair and body in the shower before entering the sauna or cold bath, and after bathing in the open air.
2. Wear a swimsuit, gown, or other special clothing.
3. Use a sauna mat and sit hygienically.
4. Take care when pouring water on the sauna stove to avoid burns.
5. Use only 1-2 ladles (100-200ml) of water at a time, and leave at least 15 minutes between uses. Pouring too much water may cause equipment damage or high-temperature burns.
6. Alternate between sauna use and rest periods, and avoid using the sauna for long periods of time.
7. Drink plenty of fluids to prevent dehydration.

7. About Entering and Exiting the Room

1. There is no time limit for entering the room, but the end time will not be changed even if you enter late.
2. Please strictly adhere to the designated departure time. If you extend your stay by more than 10 minutes, an additional fee will be charged.
3. No refunds will be given even if you are not using the facility due to your own circumstances.
4. In the event of an emergency or if safety checks are deemed necessary, staff may enter the facility using a master key.

8. Cancellation Policy

1. Please make any changes or cancellations to your reservation by 11:00 AM on the day of your reservation.
2. We will not accept changes or cancellations after 11:00 AM on the day of your reservation. A cancellation fee of 100% of the usage fee will be charged.

9. Exclusion of Anti-Social Forces

1. Members of designated crime groups are not permitted to use the facility.
2. Members of anti-social groups and their affiliates are not permitted to use the facility.
3. If violence, threats, or extortion are confirmed, you will be asked to leave the facility immediately. You will also be denied use if you have previously been found to have engaged in similar behavior.
4. Guests will not be permitted to use the facility if they are unable to manage their own physical or mental condition or if the facility determines that they may cause anxiety to other guests.

10. Internet Communications

1. Guests are solely responsible for their own use of the facility's internet communications. Service may be suspended or terminated without notice due to system failure or other reasons.
2. The facility assumes no responsibility for any damage suffered by guests while using the internet communications due to system failure or other reasons.
3. If the facility determines that your use of the internet communications is inappropriate and threatens or actually causes damage to the facility or a third party, the facility will require you to discontinue use of the service and compensate for any damages incurred.

11. Permission to Use Photos, Videos, etc.

The facility and its operator, SLEEK URBAN HOTEL MIYAZAKI, may repost photos and videos posted by guests on social media on their official accounts (such as Instagram).

12. Storage Period for Lost and Found Items

Lost and found items will be stored for one month from the date of use until contacted by the owner. If there are no instructions from the owner or if the owner is unknown, the item will be stored for seven days from the date of discovery, after which it will be reported to the nearest police station. However, food, drink, unsanitary items, magazines, etc. will be disposed of immediately.

13. Revision of These Rules

This facility may revise these rules from time to time.

Established September 1, 2025